

At Jacob's Well

Recognizing Brokenness, Restoring Dignity



Resident's Story

My name is Warren White I am a resident of At Jacob's Well and serve as the resident's representative on the Board of Directors for At Jacob's Well.

I became homeless in 2003 right here in Baltimore City. I spent the first few years living in and out of abandon buildings not really understanding what I was going through mentally (most who suffer with mental illness don't know that they are), but I did know that something was not right and that I had to do something about my life and my position. I was also an addict at the time and even this I did not even realize. I started going to local shelters here in Baltimore City. It was the best thing that I ever did as it helped to slow me down tremendously and I started constantly hearing the WORD of GOD on a daily basis. I met people that helped me to receive mental health counseling and was diagnosed to be suffering from Major Depression.

In 2006 I was offered a room at At Jacobs Wells in the transitional housing program and it helped to change my life. After going through the transitional program for two years I was able to graduate to At Jacob's Well's Permanent Housing Program and was offered a unit. I now live completely independently and have a great frame of mind. I have been here for 11+ years now and don't plan on going anywhere anytime soon.... I have reconnected with my family and now take an active role with my family. At Jacobs Wells has proven to be everything that I needed in dealing with my mental health and housing issues. I am very thankful to be here and now I am trying to serve and give back...Amen!!!



SPRING 2018

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Residents Wish List

Toilet Paper /Paper Towels
Toiletries Bleach &
Household Cleaners, Dish
Detergent Bug Spray, Large
Trash Bags, Dry Goods (Mac
and Cheese, Pastas and Sauces,
Peanut-Butter, Canned Meats
etc.) Brooms & Mops, Twin
Size Sheets & Blankets,
Towels and Wash Clothes
Board Games, Coloring Book,
Jigsaw Puzzles Small Kitchen
Appliances (Coffee Makers,
Toasters, Microwaves etc.)
Curtains, Dishes, Silverware,
Glasses/Cups

Taking Care of Our Residents' Mental Health

The January 11, 2018 issue of the Baltimore Sun had a front-page story about University of Maryland Medical Center Midtown Hospital discharging a homeless mentally ill patient on a cold Baltimore night. The story became known because of a YouTube video shot by a psychotherapist whose office was nearby. The action was widely condemned, and the story received national attention. Several At Jacob's Well stakeholders might have wondered whether the patient was an AJW resident, but she was not. However, we feel that it is important for our supporters to understand the treatment that our residents do receive and how AJW facilitates it.

Do residents receive treatment directly from AJW?

No, AJW is not licensed to treat our mentally ill residents. Instead, we assist them in receiving treatment from nearby facilities such as Medstar Union Memorial Hospital, Johns Hopkins Bayview and the North Baltimore Center. Our assistance includes reminding residents of appointments, providing them with transportation, following up with physicians and assisting them with health insurance questions (Medicaid).

How does AJW monitor residents and their health?

Residents in our transitional houses are monitored daily by our Case Managers. Residents in our Permanent Housing program receive a weekly phone call or visit from a Case Manager. Residents who have recently received inpatient hospital treatment are monitored more closely.

How does AJW assist residents who must take prescribed drug treatments?

AJW case managers work to insure all resident's take needed medication through regular contacts. When a resident is suspected of not maintaining their treatments AJW reaches out to their clinicians to try and figure out what has happened to make that resident stop taking their medications and works to correct it.

What happens when a resident requires emergency inpatient mental health treatment at a hospital?

While it is rare for one of our residents to need emergency inpatient mental health treatment it has occurred. AJW works with Baltimore Crisis Response, a local non-profit that provides emergency mental health assistance when emergency mental health treatment is needed.

Could one of our residents experience what occurred at University of Maryland Medical Center?

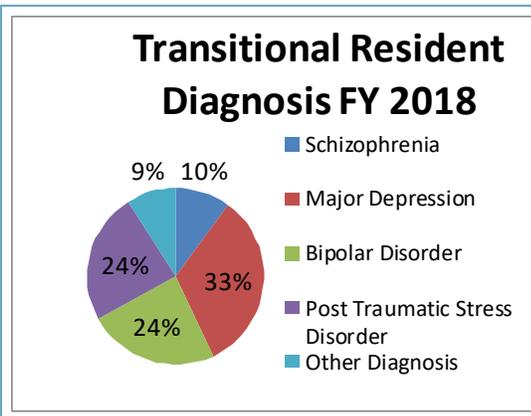
This is certainly possible. However, we maintain close relationships with the providers who treat our residents and, in some cases, serve on their advisory boards. These partnerships ensure that the facilities communicate with us about our residents and their treatment. AJW also works closely with Health Care for the Homeless and similar groups. Organizations supporting the homeless in Baltimore form a tight-knit group and exchange information about those facilities which may not provide adequate treatment. We are working to strengthen our relationships with all of our community partners to ensure that our residents receive the healthcare they deserve.

DO WE HAVE YOUR CORRECT ADDRESS?

If this newsletter is not going to your correct mailing or email address, please send your name and correct address via email to ajw@atjacobswell.org. We want to stay in touch. Thanks!!!

YEAR TO DATE TRANSITIONAL HOUSING STATS

Number of Residents	21
Number of Bednights	4927
Occupancy Rate	90%
Avg Length of Stay (in months)	15.5
Favorable Outcomes	71%
Avg Monthly Income	\$356
Average Age	49



FALL 2018 FUNDRAISER

Please join US on Friday, September 28 for our annual “Hopes Lives Here” fundraising night. This event, featuring music, food and drink, will be held at the Vollmer Center at Cylburn Arboretum at 4915 Greenspring Ave Baltimore MD, 21209

For Ticket’s Please Call 410.235.8877

Tickets are \$50.00

Ways to Support At Jacob’s Well

Through AmazonSmile

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. Every item available for purchase on www.amazon.com is also available on AmazonSmile (smile.amazon.com) at the same price. To sign up go to <http://smile.amazon.com/about> and choose “At Jacob’s Well” as the charity you would like to support.



For Combined Federal Campaign (CFC) our number is 85557



For Baltimore City Employees that support the Combined Charity Campaign our number is 5238

Anyone can donate online. Go to <http://www.atjacobswell.org>

AJW would like to acknowledge and give a special thanks to the following who help to support our mission:

- The Progress Family Foundation
- The PNC Foundation
- The PNC Charitable Trust
- The Knott Foundation
- The Abel Foundation
- The France-Merrick Foundation
- The Baltimore Community Foundation
- Bethany United Methodist Church
- Church of The Resurrection
- Saint Stephen’s Anglican Church
- Michael & Susan Trenkle
- Galen J Smith
- Catherine A. Walsh
- Rev. Timothy Grayson, Church of the Messiah
- Pastor Jay Baylor, Church of the Apostles in the City
- Lay Pastor Patrick Baranauskas, Church of The Resurrection
- Saint Mark’s Lutheran Church

We also want to thank the many volunteers who give their time and fellowship and the AJW Board of Directors!





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The Oak Tree

A mighty wind blew night and day.
It stole the Oak Tree's leaves away.

Then snapped its boughs
and pulled its bark
until the Oak was tired and stark.
But still the Oak Tree held its ground
while other trees fell all around.

The weary wind gave up and spoke,
How can you still be standing Oak?"

The Oak Tree said, I know that you
can break each branch of mine in
two,

carry every leaf away,
shake my limbs and make me sway.

But I have roots stretched in the
earth,
growing stronger since my birth.

You'll never touch them, for you see
they are the deepest part of me.

Until today, I wasn't sure
of just how much I could endure.
But now I've found with thanks to
you,

I'm stronger than I ever knew..

By Johnny Ray Ryder Jr.

